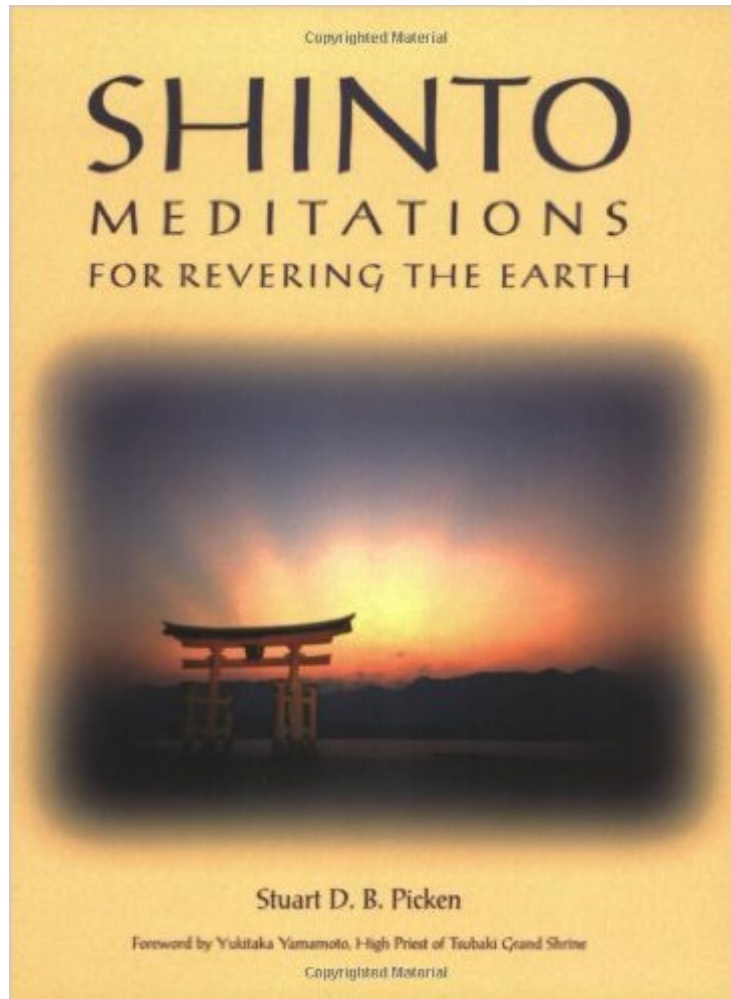


The book was found

# Shinto Meditations For Revering The Earth



## Synopsis

These devotions inspired by ancient Shinto rituals are a series of calls-and-response that directly address the awesome power of the natural world to heal and restore the soul. Readers are invited to stand before rivers, stones, and trees, to listen to thunder, and to be touched by the wind and rain in order to cultivate a spirit of reverence for Nature and awaken the cosmic content within the human. Included are steps for conducting misogi (waterfall purification) and resources for learning more about Shinto practice in North America. Stuart Picken, an ordained minister, has taught religion in Japan since 1972 and is international adviser to the High Priest of Tsubaki Grand Shrine. He is author of *Essentials of Shinto*.

## Book Information

Paperback: 128 pages

Publisher: Stone Bridge Press (April 1, 2002)

Language: English

ISBN-10: 1880656663

ISBN-13: 978-1880656662

Product Dimensions: 5.5 x 0.4 x 7 inches

Shipping Weight: 5.6 ounces ([View shipping rates and policies](#))

Average Customer Review: 4.6 out of 5 stars [See all reviews](#) (7 customer reviews)

Best Sellers Rank: #1,214,059 in Books (See Top 100 in Books) #80 in [Books > Religion & Spirituality > Other Eastern Religions & Sacred Texts > Shintoism](#) #3150 in [Books > Christian Books & Bibles > Worship & Devotion > Meditations](#) #5073 in [Books > Religion & Spirituality > Worship & Devotion > Devotionals](#)

## Customer Reviews

This is a small, slim volume you can easily finish in one sitting, even if you're a slow reader like me. The author makes a case for Shinto as a universal religion--not in the sense that it claims universal authority, but in the sense that nature is everywhere, and Shinto is about celebrating, revering, and being integrated within nature. Shinto is non-dogmatic and its practices can be meshed with other religions. Therefore, you can practice Shinto anywhere, and the "meditations" (which is really a misnomer--in the text they are called litanies) are non-specific so can be used by anyone of any faith. The litanies are inspired by various natural elements, grouped by season, such as fire, waterfalls, trees, stones, earth, etc. The book explains basic Shinto concepts that are important to the worldview, such as "celebration" and "observation." These aren't articles of faith but rather ways

of relating to life and nature. There is also a section on how to perform misogi (a waterfall purification ritual), though I found it difficult to picture some of the actions in the instructions. One thing about the book was disappointing: the litanies are mostly identical. Each one has a few lines that are specific to the element under discussion, but most of it is repeated for each litany. For example, the litany on trees is 4 and a half pages long, of which only 12 lines or so are unique to trees. And that litany had more specific lines than most. The rest is sort of a call and response pattern prayer focused on purification. Shinto doesn't have a concept of sin, but it does have a belief in impurity or "pollution."

[Download to continue reading...](#)

Shinto Meditations for Revering the Earth Food for Thought: Daily Meditations for Overeaters (Hazelden Meditations) Each Day a New Beginning: Daily Meditations for Women (Hazelden Meditations) The Essence of Shinto: Japan's Spiritual Heart A Year in the Life of a Shinto Shrine Shinto: A History A New History of Shinto (Wiley Blackwell Brief Histories of Religion) Shinto Norito: A Book of Prayers Shinto - Simple Guides Meditations on the Goddess, vol. 3 - Gaia and the elements of fire, water, air and earth Buildings of Earth and Straw: Structural Design for Rammed Earth and Straw-Bale Architecture Earth Medicine Earth Food The Stairway to Heaven: Book II of the Earth Chronicles (The Earth Chronicles) Mother Earth's Beauty: Types of Landforms Around Us (For Early Learners): Nature Book for Kids (Children's Earth Sciences Books) Mother Earth's Beauty: Types of Air Around Us (For Early Learners): Nature Book for Kids - Earth Sciences (Children's Weather Books) Earth Memory: Sacred Sites - Doorways into Earth's Mysteries The History of Middle-Earth: The Unofficial Guide to the Languages, People, and Books of Middle-Earth Twelfth Planet: Book I of the Earth Chronicles (The Earth Chronicles) Ley Lines and Earth Energies: A Groundbreaking Exploration of the Earth's Natural Energy and How It Affects Our Health The Good Earth: Introduction to Earth Science

[Dmca](#)